

HEALTH & HEALTH CARE SNAPSHOT



GOOD HEALTH AND WELL-BEING

Access to Health Care

88.2%
of CAP survey respondents reported they were able to receive the health care they needed.

WHITE: 90.0%
LATINO: 86.7%*

Oral Health

67.2%
of CAP survey respondents reported they had dental care in the past 12 months

Mental Health

87.9%
of CAP survey respondents reported their mental health as "Excellent", "Very good", or Good.

Mental Health

Adult Respondents (18+) who indicated that in the past 12 Months they had needed to see a mental health provider, health care provider, or taken a RX to address their mental health.

- PROFESSIONAL 34.1%**
- HEALTH CARE PROVIDER 21.0%**
- PERScription MEDICATION 12.6%**

5.7% of CAP survey respondents reported feeling so sad or hopeless every day for two weeks or more in a row that they stopped doing some usual activities.

14.5% of CAP survey respondents reported experiencing excessive, unreasonable worry about events or activities, such as work, school, your health, or politics

Overall Health

83.7%
of CAP survey respondents described their overall health as "Excellent, Very Good, or Good"

HP 2020: 79.8%
WHITE: 85.7%
LATINO: 80.7%

Prescription Drug Disposal

In the last 12 months, which of the following methods have you used to dispose of unused or expired prescription medications?

- 4.5%** FLUSH DOWN TOILET
- 16.3%** HAZARDOUS WASTE COLLECTION FACILITY
- 2.2%** GIVE AWAY TO SOMEONE ELSE TO USE
- 25.4%** RETURN TO PHARMACY
- 6.3%** RETURN TO PHYSICIAN OR MEDICAL OFFICE
- 48.5%** NEVER DISPOSE OF UNUSED OR EXPIRED PRESCRIPTIONS
- 0.4%** OTHER

Obesity

61.7%
of CAP survey respondents were overweight or obese (based on BMI)

Substance Use (Alcohol, Tobacco, and Other Drugs)

21.2% of CAP survey respondents reported binge drinking in the past 30 days.

30.1% Of CAP survey respondents reported they felt it was "Very acceptable" or "Somewhat acceptable" for an adult to provide alcohol to persons under 21 in their home.

21.9% Of CAP survey respondents reported they felt it was "Very acceptable" or "Somewhat acceptable" for an adult to provide marijuana to persons under 21 in their home.

Health Insurance

89.7%
Currently insured adults (ages 18-64) in Santa Cruz County

HP 2020: 100%
CALIFORNIA: 89.1%

Prenatal Care

87.0%
Santa Cruz County residents with 1st trimester prenatal care

HP 2020: 77.9%

Less than adequate prenatal care

WHITE: 12.0%
LATINA: 12.1%

Infant Mortality

4.2
infant deaths per 1,000 live births in Santa Cruz County

HP 2020: 6.0
CALIFORNIA: 4.6

WHITE: 3.9
LATINO: 3.7

Pre-term¹ Births

6.7% Santa Cruz County

7.9% County females ages ≤ 19

HP 2020: 11.4%
WHITE: 6.4%
LATINA: 8.1%

Low-Birth Weight² Babies

6.1% Santa Cruz County

7.9% County females ages ≤ 19

HP 2020: 7.8%
WHITE: 4.6%
LATINA: 5.6%

¹ Pre-term births are all births before 37 weeks gestation.
² Low-birth weight are all babies born weighing less than 2,500 grams.