HEALTH & HEALTH CARE SNAPSHOT

Access to Health Care

- 88.2% of CAP survey respondents reported they were able to receive the health care they needed.
- **WHITE:** 90.0%
- **LATINO:** 86.7%

Oral Health

- 89.7% of currently insured adults (ages 18-64) in Santa Cruz County
- 87.0% of Santa Cruz County residents with 1st trimester prenatal care

- **WHITE:** 85.7%
- **LATINO:** 80.7%

Mental Health

- 14.5% of CAP survey respondents reported feeling so sad or hopeless every day for two weeks or more in a row that they stopped doing some usual activities.

Overall Health

- 83.7% of CAP survey respondents described their overall health as “Excellent, Very Good, or Good”
- **HP 2020:** 79.8%
- **WHITE:** 85.7%
- **LATINO:** 80.7%

Prescription Drug Disposal

- In the last 12 months, which of the following methods have you used to dispose of unused or expired prescription medications?

- **FLUSH DOWN TOILET:** 4.5%
- **HAZARDOUS WASTE COLLECTION FACILITY:** 16.3%
- **GIVE AWAY TO SOMEONE ELSE TO USE:** 2.2%
- **RETURN TO PHARMACY:** 25.4%
- **RETURN TO PHYSICIAN OR MEDICAL OFFICE:** 6.3%
- **NEVER DISPOSE OF UNUSED OR EXPIRED PRESCRIPTIONS:** 48.5%
- **OTHER:** 0.4%

Obesity

- 61.7% of CAP survey respondents were overweight or obese (based on BMI)

Substance Use (Alcohol, Tobacco, and Other Drugs)

- 21.2% of CAP survey respondents reported binge drinking in the past 30 days.
- 30.1% of CAP survey respondents reported feeling it was “Very acceptable” or “Somewhat acceptable” for an adult to provide alcohol to persons under 21 in their home.
- 21.9% of CAP survey respondents reported feeling it was “Very acceptable” or “Somewhat acceptable” for an adult to provide marijuana to persons under 21 in their home.

Health Insurance

- 89.7% of currently insured adults (ages 18-64) in Santa Cruz County
- **HP 2020:** 100%
- **WHITE:** 90.0%
- **LATINO:** 86.7%

Prenatal Care

- 87.0% of Santa Cruz County residents with 1st trimester prenatal care
- **HP 2020:** 77.9%
- **WHITE:** 12.0%
- **LATINO:** 12.1%

Infant Mortality

- 4.2 infant deaths per 1,000 live births in Santa Cruz County
- **HP 2020:** 6.0
- **WHITE:** 3.9
- **LATINO:** 3.7

Pre-term Births

- 6.7% Santa Cruz County
- **HP 2020:** 11.4%
- **WHITE:** 6.4%
- **LATINO:** 8.1%

Low-Birth Weight Babies

- 6.1% Santa Cruz County
- **HP 2020:** 7.8%
- **WHITE:** 4.6%
- **LATINO:** 5.6%

1 Pre-term births are all births before 37 weeks gestation.
2 Low-birth weight are all babies born weighing less than 2,500 grams.