

Youth Participatory Action Research

2023-2024

WHAT IS Y-PAR?

Y-PAR + CISER Approach

Youth Participatory Action Research trains young people to conduct research to improve the community and informs solutions to problems that are important to young people. Y-PAR centers youth's voices and experiences to empower them to learn and apply research to solve issues in their community. Similarly, the Community-Initiated Student-Engaged Research (CISER) approach offers creative ways to engage the community. The framework for both Y-PAR and CISER research models uphold the concept of valuing cultural capital and community contexts.



OUR GOALS



Increase access to youth leadership skills



Increase meaningful participation for youth within Santa Cruz County



Increase authentic youth engagement and youth informing community-level decision-making



Increase youth knowledge of research methodologies/data indicators



Increase opportunities and resources for higher education



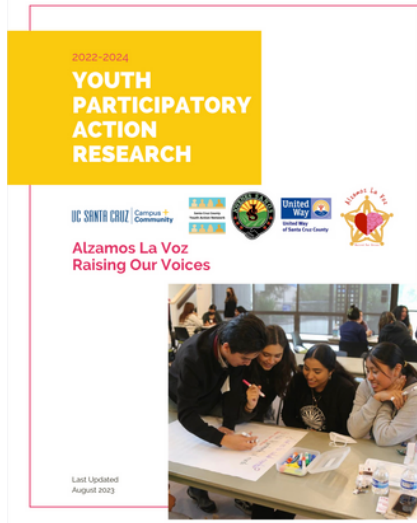
Increase youth voice and perspective to shift cultures of stigma around mental health



Increase youth understanding of mental wellness resources/frameworks



Increase peer to peer connections and protective factors



Read Our 2022-2023 Report

<https://tinyurl.com/yparreport>

22/23 Recruitment

The Santa Cruz County Youth Action Network & Jóvenes Sanos is partnering with UC Santa Cruz to recruit Youth to participate in a second cohort of our Youth Participatory Action Research (Y-PAR)!

We are seeking 60 middle school & high school youth from throughout the County to support research on community mental health.

Youth will:

- Work with their peers to find solutions to problems surrounding their community
- Become advocates for mental health & share findings to improve mental well-being in their community
- Work alongside UC Santa Cruz Professors & Students

Applications due by September 8, 2023.

<https://tinyurl.com/raisingourvoice>

RAISE YOUR VOICE!

Join the Santa Cruz County Youth Action Network, Jóvenes Sanos and UC Santa Cruz to participate in a Youth Participatory Action Research (Y-PAR) Project!

YOU WILL

- Work with your peers to find solutions to problems surrounding your community
- Become an advocate for mental health and share findings to improve mental well-being in your community
- Work alongside UC Santa Cruz Professors and Students

IMPORTANT DATES!

Session #1: September 23, 2023,
Session #2: October 21, 2023,
Session #3: November (Date TBD)
Session #4: December 2, 2023
11am - 3pm

CONTACT INFORMATION:
PVLA2023@UNITEDWAYS.ORG
(831) 275-7170

AGES 11-18

YOUTH WILL RECEIVE \$30 PER MEETING!

USE YOUR VOICE FOR CHANGE

APPLY NOW!