



WATSONVILLE

By working together, we empower our youth to grow in a safe, healthy, and thriving community.

Check out our youth programs that promote:

College & Career Readiness
Health & Wellness
Financial Stability
Community Connection



TRANSFORMING THE LIVES OF YOUTH IN

WATSONVILLE, CA



Community Action Board offers job readiness support, case management and mentoring. Dial (831)-763-2147 to get connected.

Conflict Resolution Center provides online mediation, coaching, listening, and training. Please note, all office numbers still work as a form of communication.







Living Evolution is in the process of exploring collaborative programming through online resources. Stay tuned!

PVPSA provides counseling and other services for existing and new clients via telehealth and phone. In person appointments are available for those who do not have access to virtual services. Dial (831) 728-6445 for more information.











SANTA CRUZ

By working together, we empower our youth to grow in a safe, healthy, and thriving community.

Check out our United 4 Youth programs that promote:

College & Career Readiness
Health & Wellness
Financial Stability
Community Connection



TRANSFORMING THE LIVES OF YOUTH IN

SANTA CRUZ, CA

The Resource Center offers free bilingual mental health and wellness support, assistance with benefit applications, financial assistance, and food distribution. Please note, services via phone are highly encouraged, but walk in appointments are still available. Dial (831)-476-7284 for more information.





Monarch Services offers youth workshops via Zoom and over the phone. Please note, youth under eleven need verbal consent from a guardian. Dial (831)-425-4030 to make an appointment or 1-(888)-900-4232 for Monarch's 24 hour crisis line.

Walnut Avenue Family & Women's Center offers over the phone youth mentoring and one-on-one advocacy. Dial (831)-426-3062 for more information. Please note, the 24/7 domestic violence hot-line remains open and available for all ages and genders. Dial 1 (866) 269-2559.





Yoga for All Movement provides virtual yoga and meditation classes for kids and adults.

Visit <u>www.yogaforallmovement.org/online-resources</u> to learn more



